11 March 2015 No. 6  (Week 7 Term 1)

Respect, Responsibility, Learning, Co-operation and Participation

Grandparents Save the Date
Friday March 27th is a day of action at school. Grandparents Day, Harmony Day and the annual school Bookfair combine as one to showcase the children’s efforts and talents, demonstrate the school’s values through Harmony Day activities and promote literacy through the popular Bookfair in the library. Next week’s newsletter will provide further information but in the meantime, save the date!

Resilience in Children
As part of the Kids Matter program to be implemented soon throughout our classes, resilience will be one of our focuses. Resilience (the ability to bounce back from unpleasant experiences) is extremely important in our lives. Resilience in children is necessary for them as they make their way through the world and deal with the multitude of experiences they’ll encounter in and out of school. How can parents help their child? Some interesting advice from the renowned Andrew Fuller follows.

"Next time your child is furrowing their brow and staring off into space, ask them if they’re thinking dolphin or shark thoughts. That’s the advice from psychologist and resilience specialist Andrew Fuller on helping your child to recognise the positive (dolphin) or negative (shark) approaches they may be taking on life issues.

"Dolphin thinking can help you out and shark thinking can eat you up. It doesn’t matter how old your kids are, they can still understand it," Andrew says. Dolphin thinking and shark thinking is just one in a series of simple tools you can use to help your child develop good resilience skills. Other tools include playing games and puzzles with your child to develop their problem-solving and concentration skills, teaching your child to read people’s emotions to understand objective situations, and helping them to learn how to cheer themselves up after a hard day.

"The things that are most important are teaching children what a good life is, how to live life well, how to extract pleasure out of things and how to turn things around when they’re tough," Andrew says."

John Black
Relieving Principal

Hunter Sports High School
Application and trials for Hunter Sports High School 2016 are now open. For further information contact Hunter Sports High School website. Applications for 2016 close on 1st May 2015.
School News

Library Reminder
Over the last few weeks we have had a number of books returned to the library with water damage. In most cases this has been caused from drink bottles leaking in school bags. It is East Maitland Public School’s policy that all books damaged or lost must be paid for; please look after your library books so they are valued for many more years to come.

Book Fair
Save the Date: Friday 27th March. The Book Fair will be open at 9am and close at 2pm. Students will view the books the week before the Book Fair and bring home some information regarding what books will be available. The Book Fair will close during our Grandparent’s Day/Harmony Day assembly.

Aspire Football Academy
Isaac is heading off to Qatar on Saturday 14th March with the Emerging Jet’s 10 Years Boys Squad who have been invited to play at the Aspire Football Academy in Qatar. This is one of the best football facilities in the world and whilst there the boys will play teams from Qatar and Turkey. This is Isaac’s 2nd year with the Emerging Jets where he trains 3 nights a week. Isaac’s dedication and love of football has certainly paid off, he is very excited and is looking forward to experiencing football on the other side of the world. Isaac returns to Australia on 20th March. We wish you all the best Isaac.

Cross Country
Our School Cross Country will be held on Thursday 12th March. All children will participate in the event which is held on school grounds. Parents and carers are welcome to watch their children participate in their event. Children from the Support class will either run with their class or their age group. This will be dependent on individual students and their needs. The staff in the support unit will be able to advise you.

<table>
<thead>
<tr>
<th>Time</th>
<th>Classes/Age</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:10 am</td>
<td>12/13 Girls and boys</td>
<td>3Km</td>
</tr>
<tr>
<td>9:40</td>
<td>11 Girls and boys</td>
<td>3Km</td>
</tr>
<tr>
<td>10:10</td>
<td>10 Girls and boys</td>
<td>2km</td>
</tr>
<tr>
<td>10:40</td>
<td>8/9 Girls and Boys (Year 2 children turning 8 this year can run the 2km course)</td>
<td>2km</td>
</tr>
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<table>
<thead>
<tr>
<th>Lunch</th>
<th>Lunch</th>
<th>Lunch</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:10</td>
<td>Year 1 and 2 (completed as class groups)</td>
<td>1Km</td>
</tr>
<tr>
<td>12:50</td>
<td>Kinder</td>
<td>1Km</td>
</tr>
<tr>
<td>1:15</td>
<td>Presentation of ribbons at Whole School Assembly</td>
<td>Presentation of ribbons at Whole School Assembly</td>
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</tbody>
</table>

Reminders
- **Oakvale Farm Excursion** - Notes and money due **Monday 16th March**.
- **Blackbutt Reserve Excursion** - Notes and money due **Friday 20th March**.
- **Canberra** - Final payment for Canberra is due **Tuesday 24th March**.
- **Book Fair - Friday March 27th.** We will also be celebrating Grandparents Day and Harmony Day.
- **Great Aussie Bush Camp** - Deposit for camp is due **Friday 8th May**. Full payment by **Wednesday 5th August**. Installments can be made also.
Any problems please phone Jacki -
School 4933 7524 or Home 4932 7226

**Uniform Shop Roster Term 1 2015**

<table>
<thead>
<tr>
<th>Date</th>
<th>Volunteer 1</th>
<th>Volunteer 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>12th Mar</td>
<td>Amanda Dean</td>
<td>Katherine Cant</td>
</tr>
<tr>
<td>19th Mar</td>
<td>G Milford-Chilvers</td>
<td>Jo Proctor</td>
</tr>
<tr>
<td>26th Mar</td>
<td>Desile Groves</td>
<td>Jodi Smith</td>
</tr>
<tr>
<td>2nd April</td>
<td>Bronwyn Guy</td>
<td>Jo Proctor</td>
</tr>
</tbody>
</table>

If you are able to assist with the Uniform Shop in Term 2 please let Jacquie Linde know in the shop on Monday afternoon or Thursday Morning.

**UNIFORM SHOP WILL BE OPEN FOR YOUR CONVENIENCE EVERY**

Monday afternoon from 2:00pm till 3:00pm
& Thursday mornings from 8:30am till 9am

Please ensure you have cash or cheque on the day only as we do not have EFTPOS facilities.

Uniform Shop Orders can also be placed at the office on any school day.

Orders will be filled on a Thursday and delivered to Children’s classes.

Link to Uniform Shop Order Form and Price list.
http://www.maitland.catherine.edu.au/10332651/10342824/EMPS%20Order%20Form%202015.pdf

Any problems please phone Jacki -
School 4933 7524 or Home 4932 7226

**Sick Bay Linen Roster**

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>13/3</td>
<td>Sarah Davis</td>
</tr>
<tr>
<td>20/3</td>
<td>Donna Burton</td>
</tr>
<tr>
<td>3/4</td>
<td>Katie Brown</td>
</tr>
</tbody>
</table>

More volunteers would be appreciated so if you are able to help out, please contact me on 0437343447.

Thank you
AGM Agenda

- Pass Minutes of Prior AGM
- Financial Members list
- Audit Report
- Reports from President, Bookkeeper, Principal, Fundraising, Canteen, Uniform Shop
- Positions Vacant and to be filled at AGM, President, Vice President, Secretary, Treasurer,
- Pass P&C Constitution
- Approval of Uniform shop operations
- Approval to continue Bookkeeper as paid position
- General Business

As many of the current P&C members will be leaving the school at the end of 2015 we would like to encourage new members to take on an Office Bearers position this year. Current members are willing to assist new members in their role as a transition period. Additional information regarding Office Bearers Roles and Responsibilities can be located here [http://pandc.org.au/index.php/publications](http://pandc.org.au/index.php/publications)

Membership for the P&C is 50c for the year. Only Financial Members are able to vote on P&C matters raised at meetings and vote for positions at the AGM. If you are interested in attending the AGM and monthly P&C meetings please come along on Thursday 12th March at 6:00pm and pay your membership fee. You can also grab a membership form from the office at any time.

Second hand Uniforms Available

Thank you to those who have donated a large number of quality second hand items to the Uniform Shop. Anyone needing items for winter get in now. There are a number of jumpers, jackets, tunics and some summer dresses as well.

If anyone has coat hangers they no longer need and could donate to the uniform shop it would be greatly appreciated. They can be dropped off on Monday afternoons or Thursday mornings.

Fundraising

Michelle-Leigh Photography Session
EMPS Fundraiser

To be held on Saturday and Sunday 28th/29th March.

Bookings direct to Michelle Leigh Photography - Leighsa on 0421034805 or email [leighsa@michelle-leigh.com.au](mailto:leighsa@michelle-leigh.com.au)

Sitting fee of $20.00 to be paid at the school office to secure your spot by 23rd March.

Included is a 20min family photography session and a 8x12 enlargement. Further photographs and enlargements available for purchase.

Please ask your children for a copy of the Flyer that is being sent home.

Funds raised from this event will go towards resources for the school such as home readers, sporting equipment etc.

VOTE 1 EMPS Election Day BBQ & Cake Stall. Saturday 28th March 2015

Bacon and Egg Rolls, Sausage Sizzle, Drinks

Volunteers needed for the day.

If you are able to assist please email the P&C with your preferred time.

Easter Egg Donations

Each Family is asked to assist by donating items towards the Easter Egg Raffle. Eggs, baskets, toys etc can be left at the office until Friday 20th March the more donations we receive the more prizes can be awarded.
EASTER EGG DONATIONS

Each family is asked to make a donation towards Prizes for the Easter Raffle. This can be Easter Eggs, Baskets, Toys etc. Donations will assist in making sure as many children as possible can receive a prize. Donations can be handed in at the office or with your class teacher by Friday 20th March.

If you would like to purchase additional tickets they are available from the office.

TICKETS 50c EACH

RAFFLE DRAWN THURSDAY 26TH MARCH 2015

EMPS EASTER RAFFLE

Return your tickets by Friday 20th March for a chance to win some great Easter prizes.

TICKETS 50c EACH

If you would like to purchase additional tickets they are available from the office.

Families will be asked to donate Easter related products such as eggs, toys, baskets etc closer to the date.

TICKETS 50c EACH

RAFFLE DRAWN THURSDAY 26TH MARCH 2015
MINI SESSIONS
20 min photo session +
8x12 inch enlargement
ONLY $20
(All Session fees go to School P&C Fundraising)

Saturday & Sunday
28th & 29th March
MORPETH
8am till 6pm

Extra images available to purchase
Viewing session in studio-
32 Bélemor Road Lorn.
For bookings & information contact Leighsa
leighsa@michelle-leigh.com.au or 0421034085

MIC
MAITLAND TENNIS CENTRE

EASTER SCHOOL HOLIDAY

TENNIS CLINIC

Pro Shop: 49343816 Mobile: 0421034085
Post: PO Box 2411 Greenslopes, 3838
Web Site: www.maitlandtenniscentre.com.au

When: 7th, 8th, 9th APRIL
(Tues, Wed, Thurs)

Where: Maitland Tennis Centre
Cnr Page & Lowes St East Maitland

Time: 9:00am to 10:30am per day
Price: $50.00 for 3 days per child (Family Discounts Available)
Age: 4 years to 16 years
Standard: Beginner to Intermediate

Name (1)………………………. D.O.B.………………..
Name (2)………………………. D.O.B.………………..
Name (3)………………………. D.O.B.………………..
Address…………………………………………………
Phone (Home)…………………….. (Mobile)…………
Email…………………………………………………

BOOK NOW: PH 49343816, 0421034085 or
Online @ www.maitlandtenniscentre.com.au
DON’T MISS OUT